**Important Dates**

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<th>MARCH</th>
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<td>Tue 1&lt;sup&gt;st&lt;/sup&gt;-Wed 2&lt;sup&gt;nd&lt;/sup&gt;</td>
<td>Fri 11&lt;sup&gt;th&lt;/sup&gt; Swimming for Sport</td>
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<td>Wed 2&lt;sup&gt;nd&lt;/sup&gt;</td>
<td>Thu 17&lt;sup&gt;th&lt;/sup&gt; Meal Deal</td>
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<td>Fri 4&lt;sup&gt;th&lt;/sup&gt;</td>
<td>Fri 18&lt;sup&gt;th&lt;/sup&gt; Quiz Works</td>
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<td>Mon 7&lt;sup&gt;th&lt;/sup&gt;</td>
<td>Thu 24&lt;sup&gt;th&lt;/sup&gt; Pink Stumps Day at Urana</td>
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<td>Wed 9&lt;sup&gt;th&lt;/sup&gt;</td>
<td>Fri 25&lt;sup&gt;th&lt;/sup&gt; Good Friday Public Holiday <strong>NO SCHOOL</strong></td>
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Principal’s Report

Riverina representative, District Swimming Champion, District Swimming Carnival, Knockout Cricket Game, AFL football trials, Soccer trials, Basketball skills development program and Riverina Swimming Carnival. What a busy sporting time!!!!

A huge congratulations to Hamish Cameron, our first 2016 Riverina Representative. Hamish is heading to Tweed Heads as the Number 1 seed for the Riverina Tennis Team. We are very proud of Hamish and wish him the very best. We are hoping he has a great state carnival, with great tennis and lots of fun.

Another great performance was by Lucy Phillips at the District Swimming Carnival. Lucy was the Finley PSSA Senior Girl Champion, which is a wonderful achievement, made all the more outstanding by the fact that Lucy has been an individual swimming champion every year since Year 2.

Lucy will be joined by Shae Fennell, Piper Mills, Regan Fox, Darcy Pyle and Zoe Owen to compete in the Riverina Swimming Carnival in Albury on Monday 7th March. We wish all the competitors the very best of luck.

Our school swimming team should be congratulated for their effort last Friday. Our school came 3rd, a great effort and fantastic ambassadors.

Stewart House

Once again our school has been very lucky to have two nominated students accepted to travel to Stewart House. Emily and Zak Johnson are very excited about their wonderful opportunity to travel to Sydney for a 12 day adventure. It is a fantastic opportunity for Emily and Zak and as a school, we are very lucky to be able to access this wonderful resource. Every year 1,800 public school students attend Stewart House next to Curl Curl beach. During a 12 day visit the program includes excursions to Powerhouse Museum, Sydney Olympic Park, Taronga Zoo, Australia Museum, Sydney International Aquatics Centre, as well as art, craft, dance, fitness, PD/Health activities. A fantastic experience for anyone lucky to be nominated and chosen to attend.

During the program children:
- Receive free eye, dental and health screening and treatment.
- Develop self-care and conflict resolutions skills.
- Learn to relax and overcome anxiety.
- Participate in excursions and activities to develop a broader outlook on life.
- Establish friendships and routines in a safe community.
- Increase their self-esteem.

Parent/Teacher Interviews

Thank you to the both staff and parents for a great response to our parent teacher interviews. Comments from both parties once again showed how beneficial these interviews are, providing a great start to the important communication that needs to exist between the parties.

Soccer Trials

Next Wednesday 9th March, Soccer Trials for the Zone team will be held at Berrigan Public School. The trials will be run by Mr Glen Bobbin from Oaklands Central School and will start at 4.15pm. As with all trials supervision is the responsibility of the Zone Coach and children do not need to be at the school before this time. A note has been sent home today with nominated students.

JeriBerriO Cricket

Today Hamish, Darcy, Xavier, Michael and Tyson travelled to Jerilderie to compete in the Cricket State Knockout against Tocumwal Public School. Thank you to Adam Fox for helping with transporting the boys to the game. Stay tuned next week for a recount from the cricketers.

STOP PRESS: The JeriBerriO team won this game by 40 runs! Congratulations!!

Moving into Year 7

This week going home with the Year 6 students is an ‘Expression of Interest’ form from the NSW Department of Education. Primary School Principals are required to arrange for all Year 6 students, designated local secondary school, to be entered on the Expression of Interest form. Once the parent or carer has completed the Expression of Interest form, please return it to the school front office no later than Friday 18th March 2016.

Leave

Mrs Sneddon has taken carer’s leave to look after her mum who has just had a major operation. Mr Archer will replace Mrs Sneddon for the 2 weeks, following her timetable.

Gayle Andriske
Principal

Notes required to be returned
- Text Book
- PSSA Finley Zone Swimming
- Finley Zone Soccer Trials
- Book Club orders
- Emergency Contact Card
- Local Area Excursion Note
- Video Conferencing Note

If you require copies of these notes please contact the office

Quote of the Day

If we were meant to talk more than listen, we would have two mouths and one ear.

Mark Twain

Swimming Carnival
Congratulations to the following ‘Students of the Week’

**Mrs Arnold:**

- **Tahlia Wood** for fabulous work in Hearing Sounds in words.
- **Maddie Rice** for being a fantastic, caring friend.
- **Lincoln Loomes** for fabulous work in Hearing Sounds in words.

**Ms Outram:**

- **Harry Steel** for excellent writing – The Beginning of Possum Magic.
- **Jack McGlory** for having a top go in Maths – ipad game.
- **Mia Cameron** for excellent writing – summarising the Beginning of Possum Magic.
- **Isabel Sierra** for outstanding reading – Possum Magic.
- **Zoe Owen** for outstanding work in all areas. (not in picture)

**Mrs Tait:**

- **Shannon Spunner** for a pleasing standard in spelling activities.
- **Emily Johnson** for great recounts – Swimming Carnival & Basketball.
- **Darcy Pyle** for being a star defender in basketball. (not in picture)
- **Keia Towler** for all round work ethic and standards. (not in picture)
- **Shae Fennell** for entertaining writing. (not in picture)

**Mrs Andriske/Mrs Sneddon**

- **Callum Lindner** for excellent organisational skills.
- **Molly Rice** for improvement in Spelling.
- **Jye Litchfield** for excellent spelling results.
- **Shaya Sharp-Shorney** for improvement in writing name and numbers.
- **Logan Agnew** for excellent listening and great news report.
Canteen Roster - Term 1 2016

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<td>Jo Turner</td>
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- Thank you to all our canteen helpers. Please remember if your day(s) are not suitable to organise your own swap and please notify the office.
- Please do not order snacks, lollies or icy poles with your lunch orders.
- PLEASE NOTE: Students are NOT to bring food to school for lunches etc. that requires heating up in the canteen, as this is a WH&S issue.

School News

Bookclub
The latest order from Book Club needs to be returned to the school office no later than Wednesday 16th March. Please hand orders in to front office by this date.

Parent Helpers
Now that swimming is done, reading practice in the 5/6 room will begin in earnest. If you could help for 30 minutes from 8.30am to 9am any morning of the week to listen to 5/6 students read and help them reach their goal of achieving a reading medal at the end of the year your time would be greatly appreciated.

Public Notices

Shane Atkinson – Nurse Audiometrist
Shane Atkinson, Nurse Audiometrist, will attend Berrigan Community Health Centre on Tuesday 15th March and Tuesday 3rd May 2016. If your child has had any ear infections in the past (6 weeks following). Any concerns about speech, learning or behaviour please ring Tocumwal Hospital to make an appointment for your child to have hearing test on Ph: 03 5874 2166. Child must be free of cold at time of test and at least 6 weeks following a cold. Any queries ring Tocumwal Hospital and leave a message for Nurse Audiometrist.

Finley Farmers’ Market
This Saturday 5th March the Finley Farmers’ Market will be held on the shores of Finley Lake. 8am to 12noon.

Your child is eligible for FREE dental treatment.
All children in NSW up to 18 years old can have free dental care at a Public Dental Clinic.
Staff will ask for your Medicare number.
Dental clinics are located at the Berrigan Community Health Centre and at the Deniliquin Hospital.
Appointments are available now no waiting - phone 1800 45 00 46
Helping Children who find it hard to make friends:

If your child finds it hard to make friends, you can be more active in helping her. You could look for extracurricular activities – for example, sports, dance or art classes – to give your child opportunities to meet children with similar interests.

Sometimes reminders about what to do might help too. For example, you could encourage your child to introduce herself when she meets new children – ‘Hello, I’m X. What’s your name?’

You might need to be active in setting up playdates for your child. For example, on the way home from an activity ask your child if there’s anyone she’d like to invite. At the next class, help her to invite her friend.

Another idea is to ask your child whether he’s interested in the games other children are playing at school. He might be keen to play soccer, but unsure about the rules. If he doesn’t like the games that they’re playing, you could suggest that he starts a game that he does like by asking some classmates to play it with him.

Other ways to support friendships:

Some schools have a buddy system, where the younger students have an older student as their buddy for the year. If your child needs help finding her friends or isn’t sure of what to play, she could try asking her older buddy for help.

Many schools have other great ways of helping children find someone to play with, so it’s worth asking your child's teacher if you think your child needs some help.

If your child has special needs, he might also need extra help with his friendships. You could try making friends with other parents and getting together after school at a playground. Give the other parents some ideas on how to include your child. For example, ‘Bill loves watching people play soccer. He can throw the ball in and be the scorer.’
Interested in playing SOCCER?

SOCCER preseason activities coming to FINLEY

Melbourne City Soccer Clinic
Melbourne City will be running a FREE Soccer clinic on Sat 27th Feb at the Finley High School Oval. Ages (4-9). 10am-10.30am. Ages (10-14) 11am-12.30pm. If your child would like to take part in the clinic, please send an email with the following details:
Name, DOB, contact no. and if any medical issues there is: info@mcsc@gmail.com

Miniroos Kick-Off
Miniroos Kick-Off is a 6 wk program for boys and girls aged 4-9+. It uses short, game-based sessions to introduce newcomers to soccer in a fun and inclusive way, whilst also providing good preschool preparation for those who have already played before.
Starting: Saturday 5th March (10am-10.30am)
Venue: Finley High School
Cost: $50 – This covers 6 sessions and a participant pack (including a ball)
*Note: Children aged 10-14 interested in the program email group of interest to rainer23@bigpond.com

Grassroots Soccer Certificate
Parents - Would you like to help? Yes, but I'm not confident and don't know how. Come and learn the basic rules and how to organise fun soccer exercises to help our kids build a love for the game. This will be run for free by the Football Federation of Victoria at Cobram on Thursday 25th Feb at 6.30pm. To register go to: https://education.fifa.sportorg.com/event.asp?id=154709&IDMCS=180125

Cobram Junior Soccer Association
Do you want to play soccer for the 2016 season? CSA provides a fun and safe environment for boys and girls aged 5-14 to enjoy playing the world game each Saturday. The season begins Sat 30 April. Registrations will begin shortly online.

Don't miss out!
For updates on any of the above activities go to the Cobram Junior Soccer Association Facebook page or the CSA website:

Contacts:
Mick Winks: mob: 0431 468 030
email: mickwinks31@gmail.com
Nathan Everingham: 0458 833 156
email: natev13@gmail.com

We love Healthy Harold!

A Quick Bite …
6 steps to a healthy lunchbox!

Step 1: Pick a fruit
Step 2: Pick a vegetable
Step 3: Pick a dip
Step 4: Pick a main meal
Step 5: Pick a snack
Step 6: Pack water …and mix and match these every day!

Try some suggestions from our Mix and Match tip sheet, which is available on our website:

Suggestion #1: Apple + Carrot sticks + Salsa dip + Chicken & avocado wrap + Yoghurt + Water

Suggestion #2: Rockmelon + Snow peas + White Bean Dip + Left overs + Rice crackers + Water

Suggestion #4: Strawberries + Baby Corn + Spinach Dip + Mini Quiche + Popcorn + Water

For more information visit

Live Life Well @ School
NSW Health
Mumbulla Local Health District
munch & move