Important Dates

**OCTOBER**
- **Wed 21<sup>st</sup>**  **TONIGHT** P&C Meeting 7.30pm
- **Fri 22<sup>nd</sup>** ICT Ipad Staff Management Course
- **Tue 27<sup>th</sup>** School Photos
- **Wed 28<sup>th</sup>** Cricket Clinic Year 1/2 & 3/4

**OCTOBER**
- **Wed 28<sup>th</sup>** Personal Development Day Year 6
- **Thu 29<sup>th</sup>** Aboriginal Cultural Day Deniliquin

**NOVEMBER**
- **Mon 2<sup>nd</sup>-Wed 4<sup>th</sup>** Year 3/4 Excursion - Borambola
Principal’s Report

‘Amanaska’ the musical group that visited our school, showed us how we can use technology to expand and improve many different musical sounds including voice, drums, keyboards and wind instruments. The students were involved in producing these different types of music and they were amazed at how using computers can enhance many interesting sounds. They were encouraged to try using the app Garage Band to experiment with their own music.

Welcome Back Mrs Andriske

We welcome back Mrs Andriske who has been sunning herself in Cambodia and Vietnam. Judging by the 7462 photos the wedding was a wonderful success and we are happy to see her looking so refreshed and enthused and ready to tackle the busy term ahead.

Round Robin in Berrigan

Well done to Mrs Sneddon who’s hours of organisation resulted in a very smooth running Round Robin on Friday. 430 students from schools in our area gathered at Berrigan Recreation Reserve to participate in 4 hours of fun games involving running, batting, catching and throwing. Congratulations to all the Berrigan students who participated with enthusiasm and displayed positive sportsmanship to their own and other team members. Thanks to all the parents who volunteered to manage teams and did a great job ensuring everyone was where they needed to be. The canteen helpers were fantastic in feeding 430 hungry and thirsty competitors. Thanks to Mrs Phillips whose clever suggestion of a staggered lunch time meant everyone was fed nice and quickly. Thank you to all the workers in the canteen. Even the weather was much milder than we had been expecting which also added to the enjoyment of the day! Congratulations Mrs Sneddon on a very enjoyable day.

Work Experience Student

Emma Alexander from Finley High School and Ellie Dickins from Corowa High School; join us this week as part of their school’s work experience program. Emma and Ellie are enjoying working with our students and staff, and the students are also enjoying having these two young people in their school.

School Photos

Tuesday 27th October, our annual school photos will be taken. All students have received a labelled envelope which needs to be returned to the school with correct money inside. More information can be found in this newsletter and any queries can be answered by the front office staff. All students must be in full summer school uniform and all students will be in the class photos.

Learning Connections

Students in K-6 are participating in the ‘Learning Connections’ program during P.E time on Tuesday mornings. Year 6 students are leading their groups through various movement activities which enhance motor skills. The Learning Connections program is essentially a sensory motor maturation program which replicate the movement skills that establish ‘building blocks’ in the brain that are essential for efficient learning.

Dentist Visit

Last Thursday Year 5/6 and the infant students enjoyed an interesting and informative visit from two dental nurses who imparted ‘amazing’ facts regarding dental hygiene and its importance.

Last week two dental nurses came in to tell 5/6 about keeping our teeth clean and healthy. We watched a slide show on plaque and bacteria and if you answered a question right you got a prize. The presentation about tooth decay was cool and disgusting but overall it was awesome. I learnt about how you’re supposed to brush twice a day and also that if you drink soft drink once a day it increases your chances of getting type 2 diabetes by 25%. I thought that was amazing. The ladies taught us how to floss properly. I thought all 5/6 had a pretty interesting time.

By Darcy Owen

School Production DVD’s available

DVD’s are now available of this years school production ‘The Magical Land of Oz’ at a cost of $10, available from the front office.

Talent Quest

Mrs Freund is once again having practice sessions for our talent quest auditions. Every Monday and Wednesday at lunch time, we hear and see lots of young people creating and displaying their skills in all areas of the creative arts. I am not sure who is having the most fun, Mrs Freund or the students. It is a great fun learning time for all who are participating.

Thankyou MeyerVale Family

Thank you to the MeyerVale family who kindly donated horse manure for our environmental garden.

P&C Meeting

A reminder Octobers P&C Meeting is tonight at 7.30pm.

Kathryn Tait
Relieving Principal

Notes required to be returned

Bookclub orders due 22/10/2015
Aboriginal Cultural Day Deniliquin
Year 3/4 Excursion - Borambola
School Voluntary Contribution/P&C Donation
Text Books

If you require copies of these notes please contact the office

Quote of the Day

You can’t build a reputation on what you are going to do.  
Henry Ford

The Magical Land of Oz
Congratulations
to the following ‘Students of the Week’

Mrs Arnold:
• Zoe Owen for great work on Ipads.
• Toby Loomes for working well in Literacy groups.
• Lucy Pyle for superb, neat handwriting.

Mrs Stevenson:
• Miley Driscoll for an outstanding drawing of a pirate.
• Lara Willemsen for being a fabulous worker ALL the time.
• Jessica O’Dwyer for great work on her pirate ship.
• Jacob Kofoed for excellent work in measurement.

Mrs Tait:
• Annabel Middleton for interesting ideas for advertisement.
• Shae Fennell for an entertaining recount on Sydney.
• Isabel Alexander for clever advertising ideas.
• Lucy Phillips for input into class discussions.
• Jackie Sharp-Shorney for her enthusiasm in all tasks.
  (not in picture)

Mrs Sneddon:
Round Robin
Awards this week

Ms Outram/Mrs Cameron:
Canteen Roster - Term 4

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- Thank you to all our canteen helpers. Please remember if your day(s) are not suitable to organise your own swap and please notify the office.
- Please do not order snacks, lollies or icy poles with your lunch orders.
- PLEASE NOTE: Students are NOT to bring food to school for lunches etc. that requires heating up in the canteen, as this is an OH&S issue.

School News

Old School Hats
If you have an old BPS hat lying unused at home we would much appreciate it being sent to the school. We are compiling a collection of hats that can be loaned out to students who repeatedly miss out on play because they don’t have a hat. Hats will be loaned out long term to students. Hats will stay at school for that students use.

Knitting Needles & Buttons
The school would like knitting needles and any assortment of buttons for craft. If you are out and about in others towns often second hand stores have some for sale and we would be grateful if you could get any for our school.

Lost Property
Lost Property is overflowing with school jumpers. If your child is missing a school jumper please come and check Lost Property. In the next two weeks they will be taken to the Red Cross shop.

School Photos
School photographs will be taken on Tuesday, 27th October commencing at 9.00am. Each child has been given a named individual/class group pre-pay envelope.
At this stage group photographs to be taken are: Family Groups, School Captains, SRC, Sports Captains, Riverina Representatives, Swimming and Athletic Champions.
Pre pay brochure/envelopes are available from the school office for those requiring group photographs.

- PLEASE HAVE THE CORRECT MONEY IN THE ENVELOPES AS THEY ARE NOT PROCESSED AT SCHOOL, THE MONEY IS HANDED STRAIGHT OVER TO THE PHOTOGRAPHERS.
- ALL BROCHURE/ENVELOPES MUST BE RETURNED TO THE SCHOOL OFFICE BY NO LATER THAN THURSDAY 22nd OCTOBER 2015.

P & C News

School Production DVDs
DVDs are now available of the school production ‘The Magical Land of Oz’ at a cost of $10 each. If you are interested in purchasing one please contact the school office.
Public Notices

Does your child have a disability?

As part of the Stepping Stones Triple P Project, the Berrigan Shire Council Early Childhood Intervention Service (ECLS) invites all parents of children with disabilities aged 2 to 12 to attend the following FREE Primary Care Group Triple P sessions:

Where: The Berrigan Library meeting room, 23-239 Murray Street, Berrigan

Dates: October 23rd times 10am - 12
7pm - 9pm
November 13th 10am - 12
7pm - 9pm
November 27th 10am - 12
7pm - 9pm

You have the opportunity to attend either the day session or the night session. This accommodates for the differing needs of families.

Children’s Week 2015

24 October - 1 November

Celebrate KidsFest - KidsFest Mud Run

Age Range: Preschool to Upper Primary School
Cost: Free
Time: 4 pm - 6 pm

What is your family’s story? If you are a Stepping Stones Triple P Parent, you may be eligible for...

All children must be accompanied by an adult responsible for their care and supervision.

Berrigan Public School
Berrigan Public School invites you to the:

REMEMBRANCE FAMILY DAY

Sunday 8 November
At the Berrigan RSL Sub-Branch
Jerilderie Street, Berrigan from 11am

Featuring Anthony Penhall
plus:

Jumping Castle
Spinning Wheel + fantastic prizes
Face Painting
Winning of the Poppy Poetry Competition announced

All Welcome
Lunch available - Drinks at bar prices
Entry by gold coin donation
All Welcome

POPPY POETRY COMPETITION

Open to all primary school students

First prize is $50 cash and framed certificate.

Winner to be announced at the Remembrance Family Day on Sunday 8 November

All entries are to be submitted in writing and mailed to Poppy Poetry Competition, Berrigan RSL Sub-Branch, PO Box 198, Berrigan, NSW by Friday 20 October 2015.

The Berrigan RSL Sub-Branch is inviting all Berrigan primary school aged students to participate in the inaugural Poppy Poetry Competition.

Remember this year’s theme: “What Remembrance Day means to me.”

Students are encouraged to write a poem on any A4 page.

All poems will be displayed at the Berrigan RSL Sub-Branch on Remembrance Day Family Day on Sunday 8 November.
Sport and Recreation’s Swim and Survive starting soon

Australian summers usually involve plenty of fun in and around the water, but no parent can forget how important it is to make sure children stay safe.

Sport and Recreation’s Swim and Survive classes for preschoolers and school-aged children help youngsters learn important ways to be safe and enjoy our pools, rivers, beaches and lakes.

The intensive nine-day programs give wonderful results, and are great fun as well! Plus, family discounts make our program affordable for all the children in the family.

Sport and Recreation runs Swim and Survive classes in pools throughout regional NSW, including somewhere near you.

Our instructors are nationally qualified and screened for their suitability to work with children.

Prices for nine lessons are $67 for school-aged children and $48 for preschoolers (prices exclude pool entry fee).

For more information or to make a booking, visit www.dsr.nsw.gov.au/swimandsurvive or phone 13 13 02

A Quick Bite ...

A Good Night’s Sleep

School aged children who don’t get enough sleep may be irritable and get upset easily. Lack of sleep also affects their ability to learn at school. They may have difficulty listening to the teacher and understanding instructions. They may be unable to make good decisions and learn effectively.

Taking action early and setting a regular bedtime and waking time is a good start.

Avoiding stimulating activities before bedtime and having a quiet bedroom with no TV or games can help prepare the child for sleep.

Offer milk or water as drinks before bedtime rather than drinks containing caffeine, cola drinks, milo, hot chocolate or fruit drinks which can keep children awake.

A good sleep means a good start to the next day.

Acknowledgement: Centre for Community Child Health RCH Melbourne

For more information visit mlhd.health.nsw.gov.au/keepinghealthy
State Athletics Championships – Shotput

On Tuesday I was up bright and early and off to Sydney for the NSW State Athletics Championships. We arrived at our hotel at around 1pm and took our bags into the rooms. As soon as we walked in we cracked up laughing. The rooms were so small and the bathroom had a toilet and a shower and was the size of a port-a-loo. Once we got sorted, we caught a bus and a train to the City Centre. While we were in the city we got lost about 4 times. We went to the Opera House, The Linat Café (where the Sydney Siege was), and The Botanical Gardens plus also did a little bit of shopping. While we were in Martins Place we stopped at the 7 News offices (where Sunrise is filmed) and through a gap in the window we saw the Sydney news reader sitting at his desk about to go to air. He turned around to us and waved, then straight away started to read the news. We also went to Westfield for lunch and had a little look around. We were in the City Centre/Circular Quay for about 5 hours in which we walked from the centre of Sydney to China Town and back (by accident) to Circular Quay and then caught another train and bus back to the hotel. McDonalds was next door to where we were staying so we went next door and ordered dinner. We went back to the hotel and when we turned on the TV we saw the news reader that waved to us earlier in the day.

We all woke up with sore backs from the cheap mattresses we slept on, not a good start to my day. I got out of bed and stood up with super sore feet from all of the walking the day before, once again not a good start. We all got ready and took our bags out to the car and punched Olympic Park Stadium into the GPS, we were off.....LATE! It was peak hour and I swear a snail could have travelled faster than us. We were only about ten mins away from Olympic Park but because of the traffic it took about an hour. We got there just as the opening ceremony was starting. Great! We watched as all the regions walked around the track holding their banners, followed by a couple of quick speeches and by the time I knew it the starting gun had sounded and the competitors were off. Some people could run 800 metres in 2 minutes and 20 seconds or less!!! It was only 8am and my event wasn’t until 12 noon so we went and got some breakfast and watched a few of the events. I got a NSW PSSA jumper and hat and I also got a bag for free with a drink bottle and a Riverina patch as well as an info booklet. At around 10.30am my Dad (who lives in Bathurst) came down to watch my event with his girlfriend Fiona. The time flew by and at 11.00am I had to go to the marshalling area where I waited for 45 minutes. I was one of the first girls there and as I sat there girls who looked much older than me came in and sat with me. I started to get very nervous as all of the girls came in; altogether there were 40 girls. As we left to compete I said goodbye to Mum it was such a great feeling walking into the stadium—thousands of people talking and cheering. We walked to the far end of the field to the second shot put circle and had an instructor go over the rules. We then got numbers put on our hands 1 – 39 I was number 30. We all had our practice shots then we started the real shots. My first shot was about 9m some of the girls were putting 10metres. My second turn was smaller than the first with 8.8metres. My last shot was my best of 9.20 metres approximately. By the end the girl who put the furthest reached about 12m!! She ended up coming first which was a surprise.

When I came back to where my family was sitting Dad had something for me. He handed me a box which was quite heavy. I looked inside and it was my very own shot put. It was white and it is a 3kg shot which is what I will use next year. We all had to wait for about one and a half hours for the results and I ended up coming about half way out of forty. After coming first at Riverina I was pretty pleased with the results.

After that we said goodbye to Dad and Fiona and were on our way back to Berrigan. It was another 8 hour drive back we got home around 2am and didn’t have to go to school the next day YAY! I had such a great time in Sydney and I really hope I get to go again next year.

Shae Fennell