Important Dates

JULY
16th P & C Meeting 7.30pm
21st AASC – Dance
23rd AASC - Basketball
24th Lions speaking 11am – 1pm
28th-1st Education Week
28th Tree Planting
AASC - Dance
29th Year 3/4 FHS State Library Visit

JULY
29th ICAS English
30th AASC - Basketball
31st Book Fair Open Day & Principal Awards

AUGUST
1st Round Robin - Tocumwal
4th Riverina Athletics Carnival
4th AASC – Dance
6th AASC – Basketball

Peer Support Graduates.
Welcome back to everyone and a special welcome back to Mrs Stevenson; it is lovely to have her back in our school. We also welcome Ms Outram who is working at school for three weeks while Mrs Sneddon is on leave; she too is no stranger to our school having worked at Berrigan in the past.

Peer Support Celebrations
Our year 5/6 leaders spent the final day of last term celebrating the end of a very successful peer support program. The leaders presented all students, K-6, with participation certificates at our school assembly after cooking a celebratory sausage sizzle for all our students. Mrs Tait, myself and the other staff are very proud of the student leaders and the positive, supportive way they conducted the program.

Staff Development Day
Last Monday all our staff, SASS and teaching, travelled to Deniliquin to participate in a Deniliquin Network professional development day. Along with another 260 DEC staff they were able to network and participate in numerous workshops. Teachers focussed on “Understanding the Australian Professional Standards for Teachers”, curriculum and analysis and assessment of student learning. SASS staff focussed on “Preparing for LMBR” and “Supporting Adjusted Learning”.

Berrigan Children's Centre Visit
Yesterday our school was visited by the Berrigan Children's Centre. The visitors were treated to a wonderful slide show about dinosaurs that the Kindergarten children had made with the help of Mrs Fruend. They also enjoyed a dinosaur cake.

SRC Competition
A reminder that our SRC are running a competition for all families who have paid their voluntary contributions. The competition closes on week 3 of this Term and the SRC students will hold their draw on Monday 4th August.

Active After School Care (AASC)
AASC is a free activity sponsored by the Federal Government and it runs every Monday and Wednesday, after school for seven weeks. Mrs Bec Ware is our AASC co-ordinator with Tyson Peters, they are supported by the staff. The sessions run from 3.00pm to 4.30pm. This term on Monday’s we have dance and on Wednesday’s basketball. Please find attached to this newsletter the fact sheets and permission notes which need to be returned to the office prior to the commencement on Monday 21st July.

Lion's Club Speeches
Next Thursday some of our 3/4 and 5/6 students will participate in the Berrigan Lions’ Club Speech Competition. The students will compete against each other and the St Columba’s students for the privilege of representing the Berrigan Lions’ Club at the District Lions’ Club finals. Parents are invited to our school next Thursday morning at 11 am to watch the students present their speeches to the Lions' Club members and adjudicators.

Open Day - Early Warning
Education Week is week three this term and our Open Day will be on Thursday, 31st July. On that day we will have open classrooms from 11.30am followed by a school assembly with the presentation of Principal’s Awards and singing items. Students who are eligible for a Principal Awards need to hand in their 8 merit awards, from this year, to Mrs Fox in the front office by no later than 3pm Friday 25th July.

P&C Meeting Reminder
Our July meeting will be held tonight at 7.30 pm in the Library, all welcome.

Gayle Andriske
Principal

Notes required to be returned
School Voluntary Contribution / P&C Donation
Text Books
Emergency Contact Card
Local Area Excursion
Video Conferencing

If you require extra copies of these notes please contact the office

Quote of the Week
Life is short, and it’s up to you to make it sweet.
Sadie Delany

Peer Support Program
Congratulations to the following ‘Students of the Week’

Mr Archer:
- Michael Sharp-Shorney for excellent work all week.
- Sam Morrow for kindness and consideration for others.
- Charlotte Dickins for great work in Literacy Groups.
- Lillianna MeyerVale for great work in Literacy Groups.

Mrs Brockie/Mrs Phillips:
- Kyra Lindner for never ever, ever, ever being grumpy.
- Molly Rice for always trying 100% in everything.
- Jye Litchfield for trying extra hard today in journals.

Mrs Andriske/Mrs Cameron:
- Callum Lindner for great effort in Maths.
- Callum Lindner for drawing a great ship.
- Keia Towler for great effort in Term 2.
- Jennifer Ackerly for great effort in Maths.
- Abi Litchfield for great effort in Maths.

Mrs Tait:
- Isabel Alexander for excellent effort in music.
- Blake Barry for excellent effort in music.
- Mitchell Spunner for excellent recall of orchestral facts.
- Dana Karakai for effort and encouraging other class members during music.
- Sam Morrow for excellent effort in music.
- Annabel Middleton for excellent effort in music.
- Cassandra Renneberg for great Peer Support presentation.
- Josh McQualter for excellent effort in music.
- Josh McQualter for great Peer Support presentation.
- Rory Thornton for great triangle art. (not in picture)

Mrs Sneddon:
- Ally Trives for perseverance with Maths!
- Jye Litchfield for always listening really well.
- Niclas Renneberg for quick publishing of writing.
- Piper Mills for excellent effort writing left handed.
- Lara Willemsen for a positive attitude in Maths.
- Phoebe Holmes for great work ethic this term.
Canteen Roster – Term 3

<table>
<thead>
<tr>
<th>14th July</th>
<th>15th July</th>
<th>16th July</th>
<th>17th July</th>
<th>18th July</th>
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<tbody>
<tr>
<td>No School</td>
<td>CANTEEN CLOSED</td>
<td>CANTEEN CLOSED</td>
<td>Kerrie O’Dwyer</td>
<td>Kelli Litchfield</td>
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<tr>
<td>21st July</td>
<td>22nd July</td>
<td>23rd July</td>
<td>24th July</td>
<td>25th July</td>
</tr>
<tr>
<td>Jo Turner</td>
<td>CANTEEN CLOSED</td>
<td>CANTEEN CLOSED</td>
<td>Sandra Fox</td>
<td>Justine Ackerly</td>
</tr>
</tbody>
</table>

- Thank you to all our canteen helpers. Please remember if your day(s) are not suitable to organise your own swap and please notify the office.
- Please do not order snacks, lollies or icy poles with your lunch orders.
- PLEASE NOTE: Students are NOT to bring food to school for lunches etc. that requires heating up in the canteen, as this is an OH&S issue.

P & C Pub Raffle – Roster:

18th July
Driscoll/O’Dwyer Families

1st August
Kim Arnold/Sandra Fox Families

15th August
Barb Fox/Simone Fox

29th August
Phillips/Spunner Families

P & C Meeting

P & C Meeting will be held tonight. No Minutes for June meeting due to lack of quorum.

Lost Property

The Lost Property box is overflowing with school uniform. If your child has misplaced or lost any of their uniform please come and have a look through the box. During the next few weeks we will dispose of any remaining items to charity.

P & C Notices

Please find attached canteen roster for Term 3. Thank you to all our canteen helpers. Please remember if your day(s) are not suitable to organise your own swap and please notify the office.
Community Notices

Acting On Anger

Jannette Dunnon
Family Support Worker
Community Educator
Mob: 0417 230 998
Office: 03 5883 4870

Providing:
• Parenting Programs
• Individual Support
• Relationship support
• Family Support
• Tools for Strengthening your parenting styles.
• Tools to Maintain and enhance your relationships.

FREE WORKSHOP
Finley
Berrigan
Tocumwal
Jerilderie

TUESDAY NIGHTS
6:30pm—8pm
15 JULY to 2 SEPT 2014

ENROL NOW
YOU MUST REGISTER TO PARTICIPATE

Topics Discussed
• Understanding Anger
• Recognising Your Anger
• Common Thinking Distortions
• Communication Styles
• Angry Self-Talk Cycle
• Emotion Coaching
• Brain Activity Awareness
• Problem Solving

Having difficulty managing your anger?
Is your anger impacting on family relationships?
Are you a separated parent experiencing ongoing conflict?
Coping strategies not working?

“Acting on Anger” is a 8 weekly awareness-building program for people who are dealing with their own anger issues and/or who have been court ordered or legally recommended to attend an anger management program.

Anger can be an incredibly damaging force, costing people their jobs, personal relationships, and even their lives when it gets out of hand. However, since everyone experiences anger, it is important to have constructive approaches to manage it effectively.
FINLEY PILATES & CLINICAL MYOTHERAPY

PH: 0358834836 E: finleypilatesmyo@gmail.com

MYOTHERAPY CONSULTATIONS: AVAILABLE TUESDAY, WEDNESDAY, FRIDAY

ASSESSMENT, DIAGNOSIS AND TREATMENT OF MYOFASCIAL & MUSCULAR PROBLEMS SUCH AS:
NECK PAIN; BACK PAIN; HEADACHES; WHIPLASH; SPORTING INJURIES; WORK INJURIES; SCIATICA

$60(INC GST) STANDARD MYOTHERAPY CONSULTATION

$55(INC GST) CONCESSION MYOTHERAPY CONSULTATION

PODIATRY: AVAILABLE ALTERNATING WEDNESDAY AFTERNOON AND THURSDAY

TERM THREE PILATES TIMETABLE:

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BEGINNERS/SLOW INTERMEDIATE PREGGIES/MUMS & BUBS INTERMEDIATE TEENAGERS

OPEN SESSIONS – open sessions are structured as follows:

- 1 on 1 session $60 for 45min introduction into, reformer machines, neutral spine and Transverse Ab activation. Your program will then be made for you
- 1 on 1 session $30 for 30min going through your personalized program
- Pay as you go $15 for 45min. You are able to come in & use equipment as long as no classes are running

FOLLOW US ON FACEBOOK TO KEEP UP TO DATE WITH NEW CLASSES AND PRODUCTS. WE ARE IN THE PROCESS OF SOURCING A RANGE OF HERBAL/FRUIT INFUSED TEAS TO HAVE AVAILABLE FOR SALE.
FREE
JUNIOR GOLF
CLINIC FOR
PRIMARY &
HIGH SCHOOL
STUDENTS

FRIDAYS
3:30PM TO 4:30PM
BERRIGAN GOLF CLUB
9 WEEK PROGRAM
COMMENCING
25TH JULY
(TERM 3, WK 2 TO 10)

• BASIC TECHNIQUE
• SKILLS
• VARIOUS ASPECTS OF THE GAME

TO REGISTER YOUR INTEREST
OR FOR MORE INFORMATION

CONTACT DAVID BROCKIE
GOLF PROFESSIONAL
MOB: 0402488978
Email: davidbrockie@optusnet.com.au
Filming/Photographic Consent Form

Event: Participation in the Active After-school Communities program at BERRIGAN PUBLIC SCHOOL

Date of filming/photography: For the year 2012

Name of individual to photographed/filmed:

____________________________________________________________________________________

I, as named above, consent to the Australian Sports Commission ('ASC'), and its agents (including without limitation, any photographer, interviewer, creative agency or media organisation) recording images of me at the Event identified above, for promotional purposes.

I consent to these images being used and disclosed to any person or organisation approved by the ASC, including without limitation, by publishing them as part of a book, poster, brochure or report, newspaper advertisement or article, television advertisement or program, radio advertisement or program and including on the world wide web or any other media.

I also consent to any images taken by the ASC being deposited with the National Sports Information Centre’s Image Library at the ASC in Canberra. A selection of images from the Event will be added to the Image Library. These images can be viewed and ordered by the public through the ASC website.

I agree that the ASC and its agents may edit the images prior to publication, as they consider appropriate, without first consulting me.

____________________________________________________________________________________

Note: if you are under 18 years of age your parent/legal guardian must also indicate their consent by signing in the space below.

Parent/Guardian’s Consent:

I consent to the above on behalf of the child named in this form.

Signed: __________________________________ Date: __________________

Print name: ______________________________________________________

Phone: __________________________________________________________

Privacy Statement: The personal information submitted on this form is collected by the ASC for the purpose of obtaining your consent to the use, disclosure and publication of your/your child’s image. The information will not be disclosed to other parties except where permitted under the Privacy Act 1988.
Active After-school Communities

Australian Government
Australian Sports Commission

Parent/Guardian fact sheet

What is the Active After-school Communities program?
Active After-school Communities (AASC) is a national program that is part of the Australian Government’s $11.5m Building a Healthy, Active Australia package. It provides primary school-aged children with access to free, structured physical activity programs in the after-school timeslot of 3.30pm to 4.30pm. The program is designed to engage traditionally non-active children in structured physical activities and build pathways with local community organisations, including sporting clubs.

What are the objectives of the AASC program?
- To enhance the physical activity of Australian primary school-aged children through a nationally coordinated program.
- To provide increased opportunities for inclusive participation in quality, safe and fun structured physical activities.
- To grow community capacity and stimulate local community involvement in sport and structured physical activity.

What is the emphasis of the AASC program?
- To encourage local community partnerships.
- To promote a local community approach to increase participation in structured physical activity.
- To provide schools and Out of School Hours Care Services (OSHCS) with support to determine programs that meet the needs of their community.
- To focus on mobility skills and motor-skill development.
- To structure the program on Playing for Life principles and resources.

What is structured physical activity?
In relation to the AASC program, structured physical activity consists of modified sporting games and other energetic activities that are organised and managed by an AASC registered deliverer.

What is Playing for Life?
Playing for Life is an approach to coaching that uses games as the focus of development. By focusing on game-based activities, children are able to:
- develop skills in a realistic and enjoyable context, rather than practising them in isolation and from a technical perspective.
- engage in dynamic game-based activities that use a fun approach to developing a range of motor skills.

How can my child become involved in the AASC program?
The program is open to all Australian primary schools and Childcare Benefit-approved OSHCS. Check with your school or OSHCS to see if they have been selected to participate in the program.

Will there be a cost to families for their children to be involved in the program?
The AASC program is a free service provided as part of the Australian Government’s commitment to improving the health and wellbeing of Australian children. Where children are enrolled in an OSHCS service, the program will not incur any additional costs above the cost of the child care.
What are the parameters for delivery of the program in schools and OSHCS?
The program:
• will be delivered in the after-school time slot of 3.00pm to 4.30pm.
• must offer between 2–3 sessions per week
• will be delivered in eight-week blocks per term (except Tasmania, where there will be ten-week blocks over three terms)
• will require a minimum of 15 participants per session (with the option of choosing to target different groups of children for each session).

It is important to note that these parameters may be modified where necessary to meet local needs (for example, remote/indigenous communities, enrolment numbers, etc.).

Who decides on what is delivered in the school or OSHCS?
The school or OSHCS, in consultation with their Regional Coordinator, determines what physical activity programs are delivered. These may include modified junior sport programs or multi-skill based activities. The only requirement is that they use Australian Sports Commission-registered deliverers. The choice will be determined by a number of factors including environment, age/ability level of children, identified barriers to involvement in physical activity, Inclusion principles, special-need considerations and local community resources.
The Regional Coordinator will work with the schools and OSHCS to ensure that the programs delivered are varied and fun, encourage maximum participation and provide opportunities for pathway development and growth at the community level.

Who assumes the duty of care for the children?
As the AASC program provides a grant to the school or OSHCS to assist with delivery of their proposed physical activity program, the responsibility and duty of care rests with the school or OSHCS. Conditions of the grant will require that schools and OSHCS, in their proposal, demonstrate how they will meet their duty-of-care requirements.

Who will deliver the structured physical activity programs in the schools and OSHCS?
Deliverers must be registered with the Australian Sports Commission to be able to deliver programs in the schools and OSHCS. Anyone can apply for registration — school teachers, OSHCS staff, development officers from national and state sporting organisations, local club personnel, local government staff, parents, private providers, university students, high school students, etc.

How can a deliverer become registered with the Australian Sports Commission?
Individuals are required to complete and submit an application form to their local AASC Regional Coordinator. To obtain probationary registration, the individual must:
• satisfactorily complete a national police check
• complete the AASC Community Coach training program.
Training will be provided free of charge by the AASC program
• nominate to be registered as having a ‘multi-skill’ focus and/or a ‘sport-specific’ focus
  – sport-specific deliverers will be required to demonstrate a minimum of 12 months experience within each sport nominated (for example, playing, coaching, officiating and teaching)

What is a ‘multi-skill’ focus?
The AASC has developed a set of training resources for deliverers to use that are non-sport specific activities. Instead, they will focus on multi-skill development games and movement activities. The Playing for Life Resource Kit has been constructed to provide a variety of activities across age group and environments. Deliverers are able to register to deliver these activities after completing the AASC training and accreditation program.
# Active After-school Communities – Parent/Guardian Consent Form

**School / Out of School Hours Care Service (OSHCS) details:**

<table>
<thead>
<tr>
<th>School or OSHCS Name</th>
<th>BERRIGAN PUBLIC SCHOOL</th>
<th>Days Attending Monday / Wednesday (please circle)</th>
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<table>
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<tr>
<th>Activity(s) being delivered</th>
<th>Term</th>
<th>Activities</th>
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<tbody>
<tr>
<td></td>
<td>3</td>
<td>DANCE &amp; BASKETBALL</td>
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**Child/ren details:** To be completed by Parent/Guardian. PLEASE USE CAPITALS

Please include all children who are participating in the Active After-school Communities Program this term.

<table>
<thead>
<tr>
<th>Child 1</th>
<th>First name</th>
<th>Last name</th>
<th>Sex (circle one)</th>
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<table>
<thead>
<tr>
<th>Date of birth</th>
<th>Is child of Aboriginal or Torres Strait Islander origin? (circle one)</th>
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<td>Yes</td>
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<th>Child 2</th>
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<th>Last name</th>
<th>Sex (circle one)</th>
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<th>Date of birth</th>
<th>Is child of Aboriginal or Torres Strait Islander origin? (circle one)</th>
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<th>Child 3</th>
<th>First name</th>
<th>Last name</th>
<th>Sex (circle one)</th>
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<th>Date of birth</th>
<th>Is child of Aboriginal or Torres Strait Islander origin? (circle one)</th>
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<td>Yes</td>
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**Parent/Guardian details:** To be completed by Parent/Guardian. PLEASE USE CAPITALS

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<thead>
<tr>
<th>Parent/Guardian first name</th>
<th>Parent/Guardian last name</th>
<th>Relationship to the child/ren</th>
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<tr>
<th>Does your household speak any languages other than English at home? (circle one)</th>
<th>Yes</th>
<th>No</th>
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<tr>
<td>If yes, what other languages?</td>
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<tr>
<th>Postal address</th>
<th>Suburb/town</th>
<th>Postcode</th>
<th>State/Territory</th>
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<th>Home landline phone number</th>
<th>Work landline phone number (if applicable)</th>
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<th>Mobile phone number (if applicable)</th>
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Please turn over
Child/ren medical information: To be completed by Parent/Guardian

Please tick if your child/ren have any medical conditions and/or take any medication which the activity supervisor(s) need to be aware of?

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<th>Child 1</th>
<th>Child 2</th>
<th>Child 3</th>
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Please tick if there are any activities that your child/ren should not participate in or that should be modified for your child/ren due to medical or other reasons?

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<tr>
<th>Child 1</th>
<th>Child 2</th>
<th>Child 3</th>
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If ticked above, please provide details for each child:

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Consent/Authority to participate in the Active After-school Communities Program:

1. As the parent or legal guardian of the child/ren named above (my child/ren), I give my permission for my child/ren to participate in the Active After-school Communities program ("Active After-school" program) activities specified above, to be conducted by the School/OSHCS named above.

2. I agree to release the Australian Sports Commission (ASC) from any liability to my child/ren or myself in relation to any injury or illness that my child/ren may suffer, and for loss or damage to property, in connection with the activities, except to the extent that liability arises as a result of the negligence of the ASC.

3. I acknowledge and agree that the School/OSHCS collects personal information for the purposes of conducting the activities, and that the School/OSHCS may provide this personal information to the ASC for the purposes of the ASC administering, evaluating and reporting on the "Active After-school" program.

4. I give my permission to the supervisors of the activities appointed by the School/OSHCS to implement the School/OSHCS code of conduct and/or take other reasonable measures to ensure the successful conduct of the activities and safety and well-being of the activity participants.

5. In the event of any injury or illness to my child/ren, I authorise the supervisors to apply or arrange first aid and to arrange examination by a registered medical practitioner and, if contact with me is impracticable or impossible, to arrange whatever medical treatment the registered medical practitioner considers necessary at that time. I will pay all medical expenses incurred on behalf of my child/ren.

6. I have provided all information necessary for the supervisors to plan safe participation by my child/ren in the activities, including, if relevant, details of any activities that my child/ren should not participate in or that should be modified for my child/ren due to medical or other reasons.

---

Consent/Authority to participate in the Active After-school Communities Program Evaluation:

7. The ASC is undertaking an evaluation of the "Active After-school" program and will need to gather the views of those involved in the "Active After-school" program, including participating children and their parents/guardians. The ASC and its contracted researchers may contact you in the future to invite you to participate in a telephone interview that could take about 15 minutes of your time. The interview may ask you about the types of physical activity your child/ren takes part in, how your child/ren feels about physical activity, what kind of impact the "Active After-school" program has had on your child/ren, and/or how you feel about the "Active After-school" Program.

8. Involvement in the telephone survey is voluntary. Participants will be randomly selected. All responses will be kept confidential and any reporting will be generalised so that no one individual can be identified.

If you tick the box below to indicate that you do grant permission, the details you provide on this form may be passed on to the ASC and its contracted researchers for the above research with parents/guardians.

I GRANT permission ....................................

9. Your child/ren, if aged 8 years or older, may be invited to complete a questionnaire while participating in the "Active After-school" program. This is a short questionnaire that asks him/her about what they like to do after school, how they feel about physical activity, and their opinion of the "Active After-school" program. The questionnaire is filled out right after an "Active After-school" session, for three weeks, and typically takes about 15 minutes each time.

10. Involvement in the child survey is voluntary. Participants will be randomly selected. All responses will be kept confidential and any reporting will be generalised so that no one individual can be identified.

If you tick the box below to indicate that you do grant permission, the details you provide on this form may be passed on to the ASC and its contracted researchers for the above research with participating children.

I GRANT permission ....................................

I have read, understood and agree to the above terms and conditions.

Name..........................................................

Signed ..........................................................

Date ..........................................................

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Version 2, 22 December 2010, Research and Evaluation Unit